



# FIELD TRIP

## Grocery Store Health Kiosk

You don't have to have medical technology at home to check up on your health.

Most grocery stores have a health kiosk that can test many health indicators.

Health kiosks can usually check your weight and blood pressure. They can sometimes even measure how tall you are too!

Visit a health kiosk at your local grocery store.

What can *this* kiosk tell you about your health?

