



WORD GAMES

Fitness Word Search



Find the fitness words hidden in the word search.

Can you find all 8 words?

Fitness Words

S J S A H E A R T P S
F J D Z T J D D G D T
H H F A L Q P N Z T R
U E P X U L I E B O E
D A C Y L N M Y U O T
O L K F N I W O A G C
V T X U W H Z G V R H
Z H R S Y R K A V T Y
B Y P V J U M P P A P
T B T P L A Y U K F W
R N J R M T R N P A V

- Swim
- Stretch
- Play
- Heart
- Healthy
- Yoga
- Running
- Jump