

# Thunder and Lightning



In every thunderstorm, the thunder follows the lightning!

In this energetic game, you will have to be as quick as the thunder to keep up!

**YOU WILL NEED:** A darkened room and a flashlight.

**SET UP:** Pick one person to be the lightning. This person holds the flashlight and stands in the middle of the circle.

Everyone else makes a circle around the lightning. They are the clouds.

**WARM UP ROUND:** Lightning begins with the light shining at his or her feet. Slowly they sweep the light from them to someone in the cloud's feet. ***DON'T SHINE THE FLASHLIGHT IN ANYONE'S EYES.***

As the light touches the person in the circle, they transform into thunder and make as much noise as they can, stomping and clapping and whooping, until the light swings back from them to lightning's feet.

Continue sweeping the light slowly between lightning and the ring of clouds in order until everyone has had a chance to practice.

**PICK UP THE PACE:** Now lightning gets to have fun. They can swing the light as fast as they want. They can pick clouds randomly! But remember—lightning never strikes the same place twice in a row! If thunder forgets to make noise, they are out and have to sit down.

**TAKE TURNS:** Switch the person who is playing lightning out after about 3-5 minutes.